

TOGE'-GO-BOGE' - 5K RUN/WALK

September 10, 2016

Location: Leonard Elementary, 732 Mabbit Road, Ovid, Michigan 48866

Start Time: 8:00 am

Course: An accurate 5K course on scenic country roads with slight hills.

Awards: Award to overall and Master Winners. Medals: top 3 per age group. Top 5 places in the walk.

Age Groups: 12 & under, 13-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80+

Entry Fee: Postmarked by: August 29th
Run with Shirt - \$20.00 / \$15.00 without
Walk with Shirt - \$20.00 / \$5.00 without

Race Day: Limited Quantities of Shirts
Run with Shirt - \$25.00 / \$20.00 without
Walk with Shirt - \$25.00 / \$5.00 without

Registration: Make check payable to and mail to: OECC, 4855 S. St. Clair Road St. Johns, MI 48879

On-Line Registration: www.runningfoundation.com

Race day registration begins at 7:00 am at Leonard Elementary Cafeteria

Information: T-shirts guaranteed to pre-registered entrants only, limited quantities will be available on race day. Proceeds go to the Ovid-Elsie Cross Country Program

Name: _____ Phone: _____

Address: _____ City/State/Zip/ _____

Email: _____ (For race updates only)

Gender: (Circle one) **M** **F** **Age on Race Day:** _____ **Shirt Size:** (Circle one) **S** **M** **L** **XL**

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Entry Fee: Race Day

Run with Shirt - \$25.00 / \$20.00 without
Walk with Shirt - \$25.00 / \$5.00 without

Race: (Circle One)

Run
Walk

In consideration of this entry, I hereby for myself, heirs and/or administrators, waive any and all claims I may have for damage against the Ovid-Elsie Cross Country Team and all event sponsors and individuals associated with the event, their representatives, successors, and assigns for any and all injuries suffered by me in connection with this event including pre- and post-activities. I have been warned that I must be in good health to participate in the event. I hereby grant permission to Ovid-Elsie Cross Country Team and its authorized agents to use my name and photograph for any broadcast, telecast, digital or print media account of this event. I also understand my application fee is non-refundable.

Participants Signature

Parent's Signature if under 18

Date Signed